



Resident Spotlight



Shirley Woodford

Shirley Woodford was born November 17, 1925 to Jesse and Iva Miller. Shirley is the oldest then Carl, Clyde, Marjorie, and Donna. They lived around Sac City on a farm and later moved to a farm near Sioux Rapids, Iowa.

Shirley and her siblings attended school and graduated from Cornell and Sioux Rapids schools in Iowa. Shirley did babysitting as she grew up. She graduated with a teaching degree from Buena Vista College in Storm Lake, Iowa. Her first teaching job was in Webb.

Shirley married Harry Woodford and to this union came Janet, Craig and Diane in that order. Shirley has

four grandchildren and two great-grandchildren.

Shirley was a stay-at-home mother who enjoyed sewing, reading and gardening until her children were in high school and college. Then she returned to teaching elementary school full-time. Prior to that, she worked as a substitute on occasion. She and her husband bought a farm and both she and her husband decided that the added income would be helpful to them. She was very enthusiastic about returning to the classroom. Being a teacher was a lifelong goal of Shirley's and she loved her time in the classroom. She often told the story of playing teacher when she was a child.

Shirley was very active in community activities. She, along with her husband, was a member of the Webb Methodist Church. After Shirley's husband died, she moved to Spencer and became a member of the Grace United Methodist Church. She was active in both churches, holding offices in the church, visiting the elder and sick in the community and volunteering as needed in the church. She made many friends in the church and enjoyed working in the church. In addition, she was a 4-H leader and a scout den mother when her children were in school. She and her husband belonged to card clubs and enjoyed

socializing with others. After her husband died; she added other clubs, such as PEO, and worked with hospice and provided support to others through this organization.

Shirley and Harry took a vacation every summer after the children became old enough to enjoy them. Vacations in the summer were a highlight of the summer. Harry did not always like busy city traffic in places like San Diego, California and Colorado City, Colorado where relatives resided but nevertheless he insisted on doing the driving while Shirley read the maps as there were no navigation systems then. The children remember some rather heated arguments during this time especially when they got lost but now view them as humorous incidences and enjoy the benefits of navigation systems when they take vacations. Vacations helped the family develop a different perspective from their rural roots in the Webb community where they lived all their lives.

Shirley has always been a social and determined individual with an altruistic and independent streak in her make-up. She is now adjusting to group living in a residence where she has had to give up some of her independence. However, she is participating in activities at Longhouse and welcomes visitors.



Sunshine Smiles visit the residents each month and play cards, games or Jingo. Thanks Amanda and girls.



Edna and Phyllis show off their T-shirt handy bags.



Dorothy Casperson RN, Dorothy Hinton CNA, Colleen Conrad CNA, Norma Fitzgerald activity, Dawn Feucht LPN, and Cleone Farquhar RN had a very nice time at a lunch at Northshire. We were sorry Lu Horning, CNA could not make it. All of them have been long time employees of Longhouse – Northshire. The retired ladies were so glad Colleen and Dawn were working so they could join us. Some of them started working in the 1960's and have worked over 40 years. We had lots to visit about and a good time was had by all.



April and May Birthdays



April

Sharon Poffinberger	April 13
Lois Carlson	April 20
JoAnn Hanks	April 20
Ruth Vail	April 26

May

Vernice Feldhacker	May 1
Dorothy McEntee	May 5
Hattie Winterboer	May 18
Arlane Scott	May 25
Frances Hatfield	May 27

Check us out
in color on our
website.
www.lh-ns.com



CNA's and nurses pose for a picture before the residents start exercise class.



Louise takes a turn at cranking the homemade ice cream.



Nel also takes a turn at cranking the homemade ice cream.



Mr. Maintenance, Ron, was called in to get the electric ice cream machine going. Goes to show hand cranking is more dependable!

St Patrick's Day Party

Residents and their family enjoy the music of Peggy & Jerry and Bob Johnson.



Jo is dressed up for the St. Patrick's Day party.



June and her girls



Our entertainment!



Pat and her daughter



Ruth Vi and family



Arts and Crafts Fun



Katie from Arts on Grand is showing the residents how to make Valentine hearts by wrapping yarn over styrofoam shapes.



Katie is showing Vi and Velma the art of making a beautiful rose with celery and paint.



Ruth and Pat show us theirs ready to frame and hang!

Happy Valentine's Day!



I think Clifford received the biggest Valentine card of all!



Vi and Lela get a special visit from the Red Hat Valentine ladies during lunch.



Harold had some lovely red dressed ladies stop to say Happy Valentines day.



Lorraine gets a Red Hat greeting.



Herb gets a visit from one of the homeschool kids.

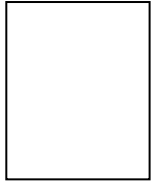


We celebrated National Pig Day here by making pigs and pigs in a blanket for snack.



WORD SEARCH

- | | |
|--------------|-----------|
| BAKE | ONION |
| BOARD | OREGANO |
| BONELESS | OVEN |
| BREAD CRUMBS | OVER |
| BREASTS | PEPPER |
| BUTTER | PLACE |
| CHICKEN | POUND |
| CHOPPED | ROLL UP |
| COOK | SALT |
| DASH | SAUCEPAN |
| DISH | SAUTE |
| EACH | SECURE |
| EVENLY | SKINLESS |
| FINELY | SMALL |
| FLATTENED | SMALLER |
| GENTLY | SPRINKLE |
| GREASED | STARTING |
| MAKES | STIR |
| MINUTES | STUFFED |
| MIXTURE | TASTE |
| MOIST | WATER |
| MUSHROOMS | WAX PAPER |



Lantern

Longhouse
And
Northshire
Together
Echoing
Resident's
News

Looking Back and Ahead in Activities


In February, Katie from AOG showed us how to make yarn hearts to decorate our room for Valentines. We had some great entertainment from the Hope Reformed Church for Friday Fellowship time. Norma also made fried bread that was enjoyed by all. With big snow falls and sickness, we missed some of our programs from the community, hope we can get them back another time.

March 1st we celebrated National Pig Day by making tube pigs complete with a curly tail! For snack, we had pigs in a blanket; those went over well. Catholic mass was on the first Friday

of the month, thanks to the helpers and Father. It is fun to crank home made ice cream and listen to the stories residents tell of when they were young. Residents came to the dining room to enjoy ice cream in the afternoon with friends and fellowship time. Bob Johnson, Peggy and Jerry will be our entertainment for the St. Patricks party. And blarney stone cake is served for dessert. We will be meeting Bri, the Clay County Conservationist this month also.



Come visit us here at Longhouse - Northshire and join in a cup of coffee, the pot is always on!



**Longhouse-Northshire
Mission Statement**

Longhouse-Northshire, LTD is committed to serving customers in the surrounding communities and beyond with quality care by helping every stay be enveloped with a caring and home-like atmosphere. Our goal is to utilize applicable therapies and programs for developing a graduated return home or a comfortable transition to long-term care.